

# General Consent at NTT Medical Center Tokyo

NTT 東日本関東病院における包括同意について

At our clinic, medical procedures are categorized based on the type of consent required:

- **Written Consent:** certain procedures require a formal written explanation and signed consent.
- **Verbal Consent:** other procedures are explained verbally, and your consent will be confirmed without a written form. These are typically low-risk procedures that do not require the presence of a physician.

Procedures that fall under verbal consent are handled as part of what is known as "**general consent.**"

If you have any questions or concerns about your care or the consent process, please do not hesitate to speak with a doctor or nurse.

## Items included in the General Consent

### General Services

Interview, visual and physical examination; measurement of temperature, height, weight, and blood pressure; rehabilitation; nutritional status evaluation, nutritional guidance, and dietary prescription.

### Laboratory Tests and Monitoring

Blood tests; urinalysis; microbiological examination of pooled urine, sputum, and other samples; pathological and cytological examination of samples; physiological tests such as electrocardiography (ECG), sphygmography (pulse waves); pulmonary function, echocardiography, electroencephalography, ultrasonography, respirometry, expired gas analysis, electromyography (EMG), and thermography; plain x-ray and x-ray fluoroscopy ; plain CT and MRI; radioisotope (RI) tests; psychological tests; monitoring including ECG, transdermal oxygen saturation levels, arterial blood pressure, respiratory ventilation, bispectral index (BIS), muscle relaxation, and sleep sensor; intradermal reaction tests (e.g., patch, intradermal, scratch, and tuberculin reactions and minimal erythema dose); and allergic skin tests.

Blood tests to determine the presence or absence of infection of syphilis (Treponema antibody), hepatitis B (HBs antigen), hepatitis C (HCV antibody), HIV antibody (AIDS), which will be necessary for medical treatment such as surgery, dialysis, and angiography.

To ensure patient safety and when necessary for treatment purposes, we may monitor and record (including audio and video) patients using cameras. All recorded data is stored securely and retained for a period in accordance with our internal policies.

### Treatment

Aspiration of sputum; nasal catheterization; indwelling bladder catheterization; examination and treatment of dental caries (tooth decay), periodontal disease, dentures; oral care; wound suturing.

### Medication and Administration

Routine medication, routine injections, peripheral intravenous cannulation (establishment of an intravenous line), continuous subcutaneous cannulation, and oxygenation. Even though the above medical treatments are performed by qualified medical personnel with appropriate levels of experience, complications such as bleeding may occur. In such cases, the complication is treated under ordinary health insurance coverage.

### Regarding Medications and Procedures Involving Bleeding

For certain surgeries or procedures that may involve bleeding, it may be necessary to temporarily stop taking some of the medications you usually use. If you are scheduled for a surgery or procedure where bleeding is a possibility, please be sure to inform our staff about all the medications you are currently taking. If you do not provide this information and the surgery or procedure must be canceled as a result, the associated costs may become your responsibility.

### Team Activities

In addition to our medical departments, our hospital may involve specialized care teams as needed to provide comprehensive support for patients. These may include the following: Infection Control Team, Nutrition Support Team, Palliative Care Team, Diabetes and Dialysis Prevention Team, Dementia Care and Restraint-Free Care Team, Bladder Care Team, Wound Care Team (for pressure ulcer management), Psychiatric Liaison Team, Cardiac Care Team and others.

### Medical Coordinator for International Patients and Medical Interpreter

Our hospital is committed to providing a safe and comfortable environment for international patients. To ensure that everyone can receive medical care with confidence, we offer multilingual guidance and care that is respectful of cultural and religious backgrounds. This initiative is also in line with the Ministry of Health, Labour and Welfare's efforts to create a supportive environment for foreign patients in Japan. For smooth and safe medical care, professional support may be arranged as needed. This may include assistance from a medical coordinator for international patients or a professional medical interpreter (including remote interpretation services). We kindly ask for your understanding and cooperation when these services are provided.

Please note that if interpretation is carried out by a family member or acquaintance, there may be risks of miscommunication or ethical concerns.

### Medical Students, Trainees, and Resident Physicians

Our hospital is a clinical training facility accredited by the Ministry of Health, Labour and Welfare. Resident physicians in their initial training period may participate in medical care under appropriate supervision. As a teaching hospital, we also play a key role in educating future healthcare professionals. This means that medical students and trainees may, under strict supervision, take part in clinical observation, training, or practice. We kindly ask for your understanding and cooperation.

### Religion and Culture

While we will do our best to accommodate different religion and cultures, we may not be able to meet your requests for the gender of medical staffs and your dietary restrictions. We will not be performing any surgery for those patients who do not accept any blood transfusion.

### Court Jurisdiction

If any legal issues arise related to medical treatment at our hospital, including matters involving interpretation, translation, or administrative procedures, they will be handled under the jurisdiction of the Tokyo District Court.

### Governing Law

Any matter in our hospital will be interpreted and dealt with according to the Japanese law.

### Privacy

To ensure that patients can focus fully on their treatment, our hospital rooms are designed to protect their privacy. In order to safeguard patient confidentiality, we do not provide any information about hospitalized patients—whether by phone or in person. If you wish to visit a patient, please check the latest visitation policy on our hospital's website.

Additionally, to protect the privacy of others, photography, audio recording, and video recording using cameras, smartphones, or similar devices are strictly prohibited.

### Sharing Information with Pharmacies and Other Medical Institutions

To ensure safe and effective medication therapy, our hospital may share information with your pharmacy or other healthcare institutions when necessary. This may include details such as your medication history, any history of side effects, clinical test results, and information provided to you about your medications. We kindly ask for your understanding and cooperation, as this collaboration helps us provide you with safer and more reliable care.

### Regarding Disruptive Behavior

To keep everyone safe and to provide the best possible care, we kindly ask for your cooperation. In some situations, we may not be able to continue treatment if the following behaviors occur:

1. Harassment or acts of violence toward other patients or hospital staff, or behavior that could lead to such actions.
2. Loud, abusive, or threatening language or behavior that may cause distress to other patients or interfere with staff in their work.
3. Repeated unreasonable requests that disrupt hospital operations.
4. Intentional damage to hospital facilities or equipment.
5. Bringing dangerous items into the hospital that are not needed for medical care.

Thank you very much for your understanding and support in helping us maintain a safe and comfortable environment for all.

### Regarding Restrictions Within the Hospital Premises

For the health and comfort of everyone, smoking is not permitted anywhere on hospital grounds, whether indoors or outdoors.

### Bringing Personal Medical Devices During Hospitalization

If you would like to bring personal medical devices—such as hearing aids, heating devices, or other equipment that may affect the body—please let us know at the time of admission. Your attending physician will confirm whether the device can be used. However, if we cannot guarantee whether using the device is safe enough or not, we may not be able to allow it in the hospital. We appreciate your understanding and cooperation.

### Bringing Food and Drinks

To avoid any impact on your treatment, bringing food into the hospital is generally not permitted. If you do bring food or drinks, please follow the guidelines below to ensure proper hygiene and safety.

1. Homemade food or items without an expiration date: we generally do not allow homemade food because it is hygienically difficult to manage. If you have exceptional circumstances, please consult your doctor or nurse.
2. Packaged food with an expiration date and storage instructions: items such as those purchased at convenience stores, which clearly show an expiration date and storage method, may be brought in. Please store them appropriately and consume them before the expiration date.
3. Storage and labeling of food: please use the refrigerator in your room for items that need cooling. When opening packaged food, please write down the date it was opened. For hygiene reasons, consume any open food on the same day. Any leftover food kept beyond that day will be discarded.

Date : \_\_\_\_\_

Signature : \_\_\_\_\_

Patient ID number : \_\_\_\_\_